

MPHP237460-1  
© 2022-2023

PSI CHI / PSYCHOLOGY CLUB AT UC SAN DIEGO MEMORY BOOK 2022-2023



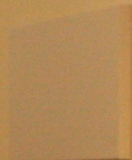
Memory Book



2022 - 2023



EXIT

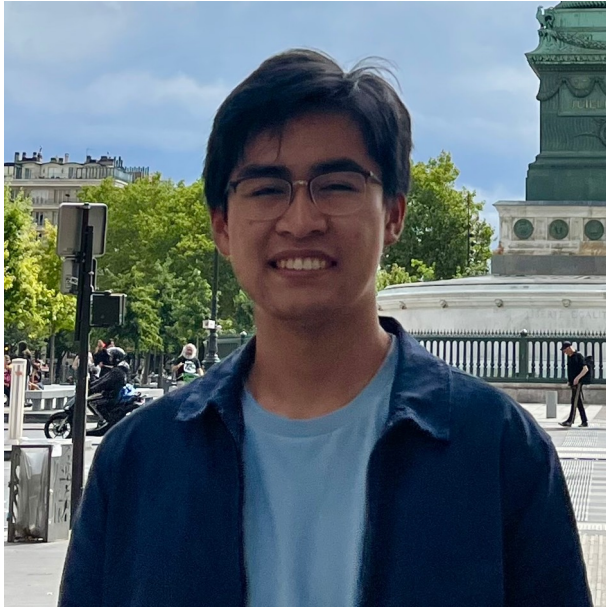


## **ACKNOWLEDGEMENTS**

We would like to thank the UCSD Psychology Department for giving us an office space. It has become a home for many of our members on the UCSD campus and a comfortable place to meet, study, and socialize. The Meditation/Nap/Relaxation Room is a particular hit for many of our members because of its cozy atmosphere and how it promotes well-being and stress reduction amidst the hectic quarters! Countless memories have been made in this room, either through office hours, heart to heart talks, or fun games which would haven't been possible without this generous space. Thank you!

We would also like to thank our incredible advisor Kristi for her overflowing love for and dedication to our club and its members. Our club would not be functioning as well as it is if it was not for her endless wisdom, guidance, and support. We love you lots, Kristi! We owe you the world!

**OFFICERS**



**Position:** President

**Favorite Memory:** “My favorite Psi Chi memory this year was roasting the publicist heheeeeeeeeeee got em. In all seriousness, one of my favorite memories is the ice skating social back in Winter Quarter. People were cool for giving me tips, and constantly coming close to dragging people down with me to the ice was also fun. I've also absolutely loved working with the rest of the officers. We definitely learned a lot as a group, and it's been so cool to see how everyone has grown as leaders and as people. It's been an amazing and funny year of Psi Chi, and I'm thankful that this group of people made it that way.”



**Position:** Vice President

**Favorite Memory:** “Psi Chi has been at the center of my time here at UC San Diego. I have endless memories that I will cherish. From being forcefully muted on Research Committee Zoom meetings, to losing sleep over forgetting a lighter and having just a bon with no fire. Psi Chi has been a place where I could be myself, feel accepted, and develop meaningful lifelong bonds with others. Finding new nicknames to tease Rob Santiago with from ‘Blobby Bloberton’ to ‘Sir Robingham’ became a creative endeavor. I never missed an opportunity to threaten him with the bus. Taking my three kids ice skating for the first time with Psi Chi was an adventure that I could never forget. They couldn't stand up on the ice, but that didn't stop them from trying. Lunch dates in Mandler will be missed. Grabbing boba at UTC and playing Gartic phone over zoom are unforgettable times. I have so many memories that I could fill the memory book myself..... I'm not crying, YOU'RE crying!”



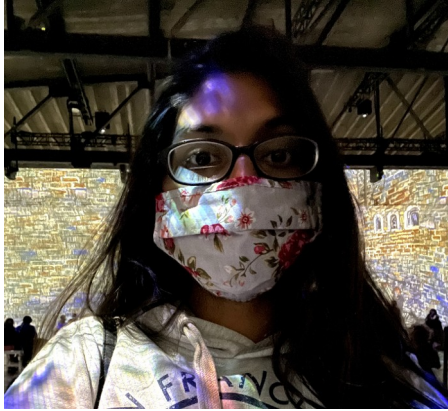
**Position:** Treasurer

**Favorite Memory:** “Watching *Side Effects* at the movie night social, it was funny reacting with everyone to the twists.”



**Position:** Secretary

**Favorite Memory:** “I love all the stupid but memorable conversations we have. From deep, personal, serious conversations to hee hee ha ha jokes that make no sense, it's been lovely being able to engage in a wide range of conversations with friends in this community. I struggle to choose one favorite memory. I would not have expected to have made such great friends coming into this year. I suppose this whole year with Psi Chi is my favorite memory :)”



**Position:** Member Coordinator

**Favorite Memory:** “I have wayyyy too many favorite memories!! Pretty much any time that I got to spend with friends <3 the fall bonfire, the farmers market, movie night, Psi Beta Day, and sooo many committee meetings, office hours, and all the other random times I've spent in Mandler, which quite literally became my second home this year



**Position:** Program Coordinator

**Favorite Memory:** “After a social we had, Pallavi, Rob, Iris, and I were talking in Mandler about god knows what. I don't remember the conversation, and I don't remember why we were even there when there was no event or meeting. I just remember having a lot of chaotic fun and it was a very silly time. We came into the club together, got inducted together, and now we leave together! A fun memory from the very beginning.”



**Position:** Social Coordinator

**Favorite Memory:** “My favorite memory was our Winter Quarter Welcome Event. It was wonderful to reconnect with everyone after our winter break and see them socialize while enjoying pizza and refreshments. It felt like a genuine sense of community!”



**Position:** Publicist

**Favorite Memory:** “I don’t have a specific moment, but it’s been such a blessing growing closer with other officers and making friends in this club. Having people make OH appointments with me just to hear my Spongebob quotes, watching Side Effects with everyone and experiencing all the twists and cringe moments together, taking collective naps in Mandler, or playing Red Flags and seeing the ridiculous justifications people give for themselves, it has been such a great year and I can’t wait to see what the next one has in store!”



**Position:** Historian

**Favorite Memory:** “I loved going to Wushiland Boba at UTC because it was my first time and I got to know everyone so well. We laughed a lot and definitely put on a show for all the passers by ;)”



**COMMITTEES**

**Committee Coordinator - Amber O'Brien**

**Journal Committee**

Committee head: Luis Zatarain Villar

**Research Committee**

Committee head: Kylie Cassutt

**Psi Beta Day Committee**

Committee head: Shah Shepherd

**Business Committee**

Committee head: Skylar Winckler

**Induction Committee**

Committee head: Rob Santiago



# EVENTS



October 8, 2022

Our first event of the year! We kicked things off with a beach bonfire, complete with s'mores, hot chocolate and games. Members gathered at La Jolla Shores beach before sunset to spend time getting to know each other.



A few days later we had our transfer mentor-mentee meetup. No pictures were taken but transfer students and their assigned student mentors gathered to close to gap between those who are new to UCSD and those who know the ropes.

October 24, 2022

We held an event through the career center that focused on providing information about psychology graduate programs. This information session was held on zoom and featured Alicia Van Enoo, a pre-grad and PhD advisor, as a guest speaker. Some of the questions addressed included those surrounding the nature of psychology graduate education, the application process and how to choose the right program.

### Career Options

▼ Psychology Related Careers to Consider with a Bachelor's Degree

Psychology Related Careers for Bachelor of Arts/Science Graduates in Psychology:

- Advertising Coordinator
- Animal Trainer
- Applied Behavior Analyst
- Business Intelligence Analyst
- College Advisor
- Community Relations Rep
- Copywriter
- Corporate Merchandiser
- Corrections Officer
- Correctional Caseworker
- Crisis Intervention Counselor
- Customs/Immigration Officer
- Data Analysis Technologist
- Data Scientist
- Employment Recruiter
- Event Manager
- Hospice Coordinator
- Human Resources Coordinator
- Market Analyst
- Marketing/Sales Assistant
- Media Buyer
- Program Developer
- Recreation Specialist
- Research Analyst
- Research/Lab Coordinator
- Social Service Worker
- Special Education Teacher
- Statistician
- Technical Writer
- Television/Media Researcher

▼ Psychology Related Careers Requiring Advanced Degrees

Careers for Psychology Students Requiring Advanced Degrees:

- Clinical Psychologist
- Cognitive Psychologist
- Counseling Psychologist
- Developmental Psychologist
- Educational Psychologist
- Evolutionary Psychologist
- Experimental Psychologist
- Forensic Psychologist
- Health Psychologist
- Industrial/Organizational Psychologist
- Neuropsychologist/Neuroscientist
- Psychiatrist
- Psychometrician
- Quantitative and Measurement Psychologist
- Rehabilitation Psychologist/Occupational Therapist
- School Psychologist
- Sports Psychologist
- Therapist

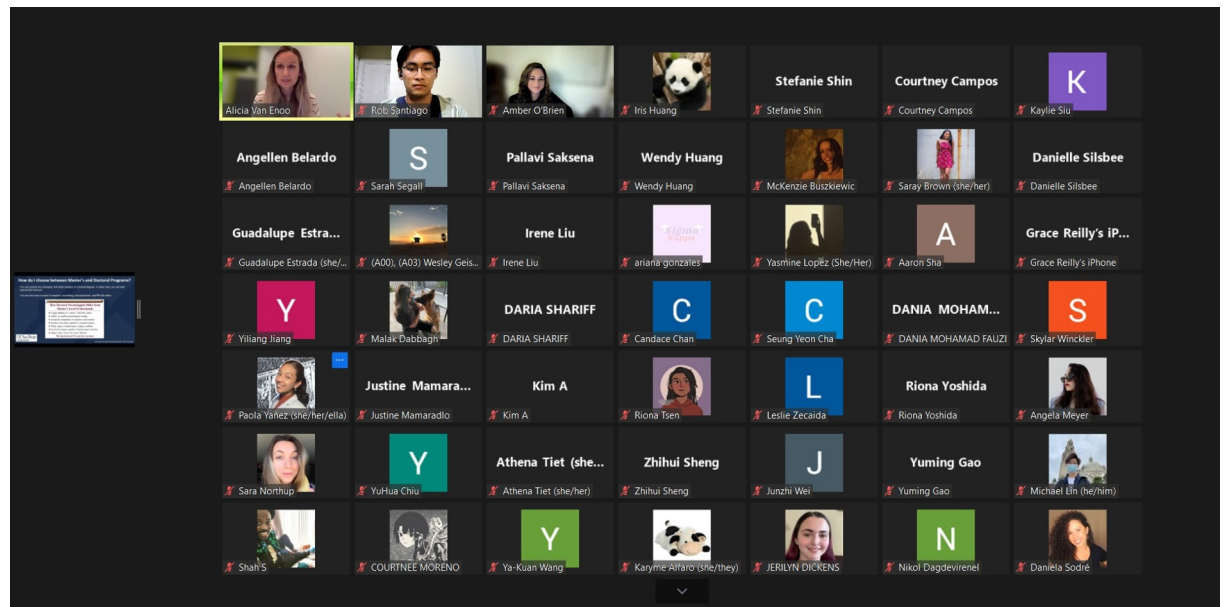
Broad categories: Psychologist, Counselor, Therapist, Research Scientist

UC San Diego  
CAREER CENTER

<https://psychology.ucsd.edu/graduate-programs/psychology-graduate-career-options-14>

October 21, 2022

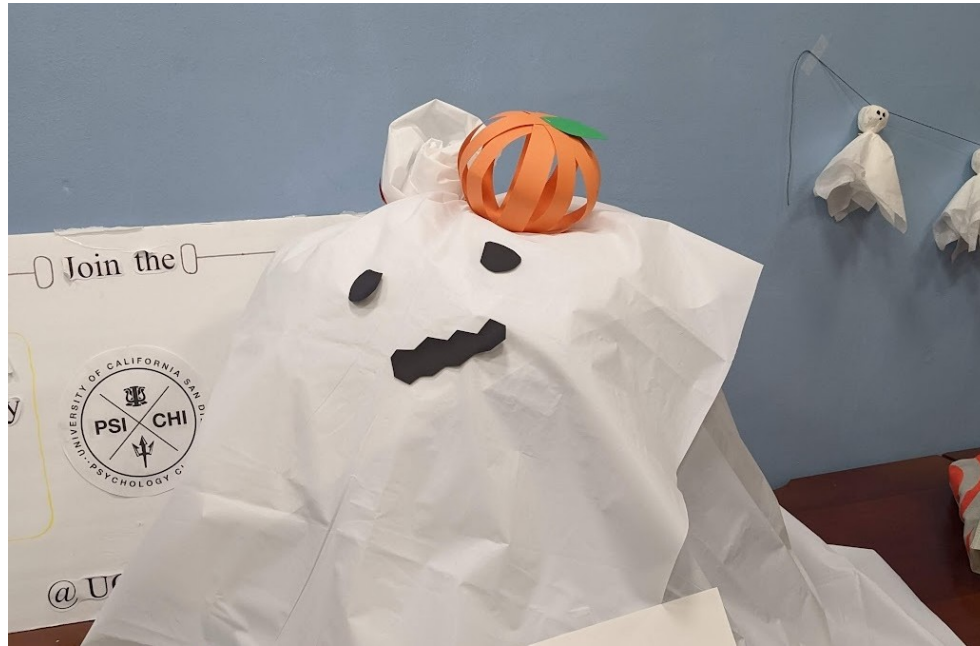
We held an overcoming shyness presentation and student researcher panel. This event was facilitated by Andy Rincon and Pallavi Saksena, with panelists Amber O'Brien, Mariel Muñoz and Suhaani (Sunny) Gupta. This event provided members with an opportunity to ask questions such as how to get into a research lab and for any tips and tricks on writing research papers.



October 27, 2022

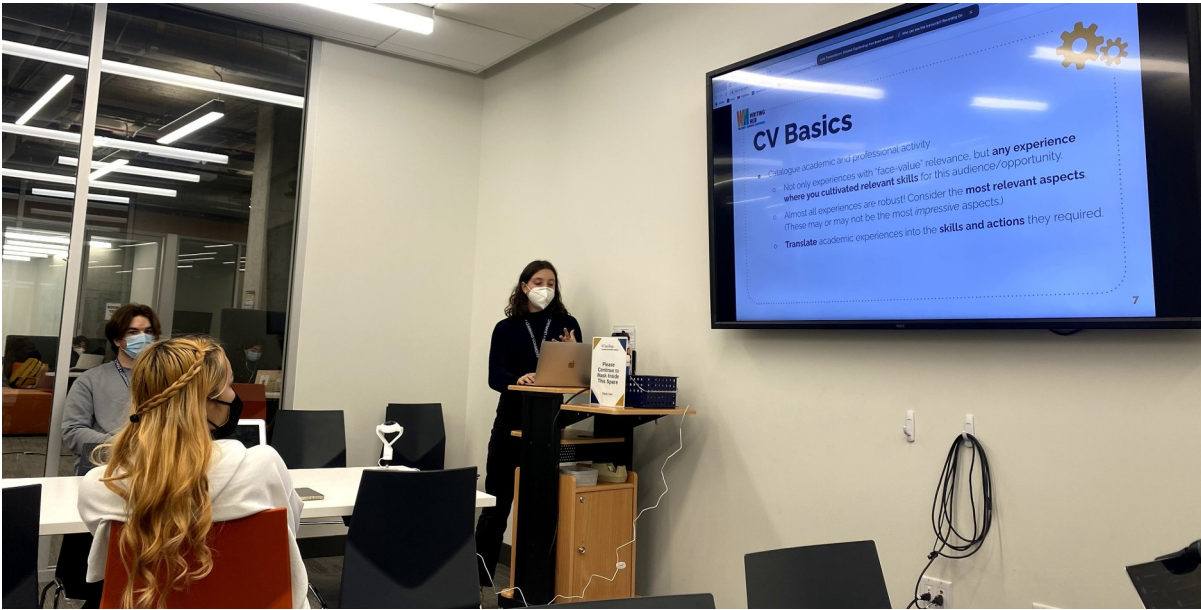
A special election was held in order to choose a historian for the club. This position had been open for some time, and the officer decided it was time to fill it. Candidate Katherine Jamison ran unopposed and was able to obtain a majority vote. She gave a short speech about her qualifications and ideas for the position and then left the room for discussion. She served the role for the rest of the year, providing many of the photographs for this book!





October 27, 2022

Happy Halloween! Members enjoyed food and games after the GBM and special election, including psychology trivia and Unsolved Case Files: Cold Case Murder Mystery Game. The gears were turning and the laughs were flowing as members tried to crack the case.



November 9, 2022

Members met up in the UCSD writing hub at Geisel Library to learn how to write an effective cover letter and CV. This event was lead by Risa Saulino and involved an overview of the structure and purpose of these documents, as well as time for members to begin work on their own CVs.

October 28, 2022

We held a Psi Chi cross chapter social in the Fall in order to connect members across schools through games and conversation.





November 12, 2022

Members are pictured here taking a break from the hustle by sipping on some boba from Wushiland at UTC! It was a gorgeous fall day for the group to gather and drink refreshing boba, chatting about all things school, and not-school related.



November 18, 2022

We hosted Dr. Chapman, a clinical psychology professor at UCSD, to talk about what it takes to earn a PsyD, and in what ways it differs from a PhD. This event was hosted by members Alex and Shanthi, and covered questions regarding Dr. Chapman's background, the respective pros and cons of a PhD and PsyD as well as what it takes to earn either degree.





January 19, 2023

Pictured above is our Welcome to Winter social! Members enjoyed slices of pizza and chatted about their winter breaks. This event helped get everyone excited and ready for a new quarter to start!



January 28, 2023

The group goes ice skating! For some it was their first time, others were experts, but everyone enjoyed a bit of winter fun in SoCal at the ice rink in UTC mall.



February 2, 2023

We hosted cognitive and educational psychology professor Dr. Pilegard for an info session regarding her work. She talked about her path to receiving a PhD in brain sciences, and her current work in understanding how we learn. Members asked questions surrounding the existence of different styles of learning and how one can get involved in research here at UCSD.

February 9, 2023

Crunch time - members got together at Geisel Library to study for midterms while jamming out to some good tunes.





February 18, 2023

Psi Chi / Psychology Club took on the Little Italy Farmer's Market! It was a beautiful winter day in San Diego and members came home with their arms full of fresh produce and delicious treats.



February 23, 2023 - Pathways to PhD event that allowed members the chance to earn CCR credit

March 2, 2023 - Members watched Side Effects, a thriller that had everyone on the edges of their seats

March 9, 2023 - We had a zoom social where members took a break from studying and played Gartic Phone



January 26, 2023

After GBM we went to Blue Pepper to get a tasty dinner and get to know one another even more. That's a wrap on winter quarter!



April 20, 2023

We hosted business psychology professor Burt De Mill for a discussion about how to sell yourself in an interview and why advertising works so well. This event was facilitated by Candace Chan and coordinated by the business committee and its head Skylar Winckler.

April 13, 2023

It's that time of the year! With elections around the corner, we spent this GBM going over the criteria for each officer position and how to run for them.





April 14, 2023

We had a super successful Psi Beta Day! Transfer students from our sister org Psi Beta came to hear from a professor panel, tour labs, win prizes, and eat good food!





April 27, 2023

Election night. All of the candidates presented their speeches and informed the general body of which position they preferred first, second and third. After all of the candidates spoke they exited the room and members were allowed to discuss and vote. Later on the results were released and next year's panel of officers were elected.



May 11, 2023

Party time! Members indulged in a pizza party during week 6 to reward themselves for hard work.



May 4, 2023

Treasurer Michal Lin facilitated an event put on by Associated Students which featured a mental health and identity speaker.



May 15, 2023

We held a professor spotlight with Dj, who discussed his work in the field of neuroscience, with current focus on the biology of emotion and animal behavior. The conversation was facilitated by publicist Serena Spada. Members asked questions regarding the latest findings in neurobiological research and advice for those curious about pursuing that field.

May 25, 2023

We also hosted Dr. Heyman, a developmental psychology professor at UCSD. She talked about her work in the areas of social cognition and culture during the early stages of life.



**GRADUATES**



Kylie Cassutt

**Major:** Psychology with a Specialization in Social Psychology

**Club Contributions:** Registered Psi Chi, Distinguished with Highest Accolades, Research Committee member 2019-2021, Research Committee Co-Chair and Chair 2021-2023

**Plans After Graduation:** PhD at UC Berkeley

**Favorite Memory:** Meeting everyone and making such great friends!



Kaycee Li

**Major:** General Psychology **Minor:** Marketing

**Club Contributions:** Psychology Club, Distinguished with highest accolades, Social Coordinator, Event Planning Committee, Psi Beta Day Committee, Business Committee

**Plans After Graduation:** I plan to take a gap year before getting my masters in consumer behavior. During my gap year, I plan to work in the marketing field, specifically in the social media section.

**Favorite Memory:** My favorite memory was the “Winter Quarter Welcome” event we had in the beginning of the Winter quarter. Having everyone gathered around and interacting with one another while enjoying their food made it feel very wholesome!



Ziad Ur Rahman

**Major:** Business Psychology

**Club Contributions:** Psychology Club, Distinguished with Highest Accolades, Psi Beta Day member

**Plans After Graduation:** Masters Program at California Baptist University

**Favorite Memory:** Seeing all of Psi Beta Day come together after months of planning.

**Advice:** Mistakes are bound to occur, learning from them is what matters most. F it we ball.

Stephanie Santana

**Major:** Psychology with a Specialization in Clinical Psychology

**Club Contributions:** Registered Psi Chi, distinguished w highest accolades, research, business, and induction committee

**Plans After Graduation:** I am going to get a big girl job, and do volunteer work to prepare myself for grad school because I did not take advantage of the vast number of research labs here during undergrad.

**Favorite Memory:** It sounds incredibly corny, but every GBM, event, committee meeting, and office hour that I have attended have been my favorite

**Advice:** Sounds obvious, but seriously, take care of your mental health above anything else. There is nothing in this world more important than doing what is best for you.



Luis Uriel Zatarain Villar

**Major:** General Psychology and Political Psychology - Public Law

**Club Contributions:** Psychology Club, Head of Journal Committee, Distinguished with Highest Accolades, Psi Beta Day Committee, Business Committee

**Plans After Graduation:** After graduation I will continue working in research for two years, both in psychology and political science. I plan to apply to joint J. D./PhD programs afterwards and hope to obtain a doctoral degree in both law and psychology.

**Favorite Memory:** I don't have a specific memory from Psi Chi that I can label as my favorite, because what I appreciated the most from being part of this org was the community and friendships that I was able to establish. My favorite college memory was feeding whipped cream to Cheesestick the raccoon.

**Advice:** Have some fun. Definitely put in the work and focus on your studies, but have fun at every opportunity that you can. It doesn't have to be anything elaborate or time consuming, even just spending 5 minutes throwing yourself a dance party can boost your spirit!! Also, don't be afraid to reach out to those close to you for help if you need help. You'd be surprised how willing people are to help. My mom also said that you should call your mothers (:



Celest Avila	Ruoyu (Renee) Liu
Frances Clara Barawid	Yasmine Lopez
Danielle Basco	Timothy McAfee
Angellen Belardo	Angela Meyer
Angelina Borrowman	Isabella Newell
Tom Bowers	Ariana Noordyk
Casey Boyd	Ricky Pretzer
Jonathan (Jonny) Brekke	Grace Reilly
Luzia Ceballos Mendoza	Alexandria Rodriguez
Candace Chan	Anaise Rodriguez
Carmen Chen	Mercedes Ruiz
Malak Dabbagh	Samantha Ruiz
Guadalupe Estrada	Chadan (Shah) Shepherd
Ana Gabriela Lamprea Cuervo	Yuhan Tao
Cheryl Hagerman	Crystal Thai
Alex Ida	Kendellove (Love) Walker
Tatiana (Tati) Kazlova	Ellie Wang
Elizabeth Lee	Hanchen (Henry) Wang
	Mincong Wu



DINING TERRACE  
ICE RINK

SILVERLAKE  
KENNEDY  
PARKING

DINING TERRACE  
elcigrou

UC  
JOLLA

**PSI CHI  
MEMBERS**

## Inducted 2022

Amber O'Brien, Angela Meyer, Ariana Noordyk, Casey Boyd, Chadan (Shah) Shepherd, Danielle (Dani) Silsbee, Elizabeth Lee, Ellie Wang, Huen Ting (Kathly) Yen, Iris Huang, Isabella Newell, Kylie Cassutt, Luzia Ceballos Mendoza, Maryam Izadshenas, Michael Lin, Nina Morris, Pallavi Saksena, Priscilla Cerrillo, Rob Ethan Santiago, Serena Spada, Stephanie Santana, Timothy McAfee, Tom Bowers, Wesley Geissler, Yun-ting (Wendy) Huang, Zhihui (Samantha) Sheng

## Inducted 2023

Alan Lopez, Alex Ida, Allison (Allie) Chen, Ashali Rajgarhia, Candace Chan, Carmen Chen, Cheryl Hagerman, Danielle Basco, Daria Shariff, Elysia Kim, Gabriella Ruiz, Grace Reilly, Jade Low, Jasmine Lewis, Jun Ah (Junnah) Park, Justine Anna Mamaradlo, Katrina Camacho, Kendellove (Love) Walker, Kuan Lun (Keran) Huang, Leslie Zecaida, Maansi Narain, Madeleine McNamara, McKenzie Buszkiewicz, Michelle Gomez, Mikayla Veizaga, Mincong Wu, Morgan Dropkin, Nicola Schmelzer, Qinhan (Evelina) Hou, Raz Jahanara, Riona Tsen, Ruiqi Tian, Ruoyu (Renee) Liu, Sara Northup, Shanthi Kuppa, Skylar Winckler, Steven Leung, Suhaani (Sunny) Gupta, Sunshine Falkoff, Sylvia Zuniga, Tatiyana (Tati) Kazlova, Veronica Hernandez, Vicky Tan, Vito Vacirca, Xiaofan Shi, Yuhan Tao, Zeying Du, Zhuoxuan Yu

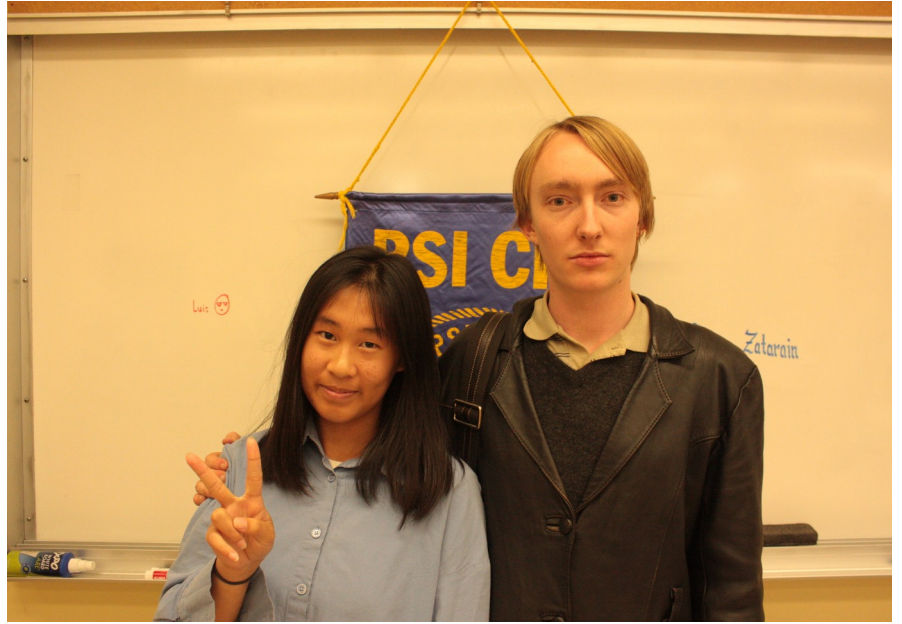




**PSYCHOLOGY  
CLUB  
MEMBERS**

# PSYCHOLOGY CLUB MEMBERS

Aaron Sha, Abbey Tseng, Aimee Rodriguez, Alexandra (Alex) Kim, Alexandria Rodriguez, Amanda Bruse, Amelija Galubickaite, Ana Gabriela Lamprea Cuervo, Anaise Rodriguez, Andy Rincon, Angelina Borrowman, Angellen Belardo, Anisha Mistry, Astrid Maves, Autumn Lee, Ava Woodgrift, Bahar Behnam, Bianca Escobar, Brandon Potter, Brentney Reynolds, Brianna Tovalin, Casius Snyder, Celest Avila, Chad Mai, Charles (Chaz) Cepielik-Weeks, Chengpu (Kevin) Deng, Christianne Perrel, Claire (Inhae) Lee, Courtney Campos, Crystal Thai, Dalena Pham, Damian Monroy, Daniel Landaverde, Dayana Padilla, Deborah Hughes, Eden Nedelykovic, Ellis Conner, Emma Seeley, Emma Tai, Frances Clara Barawid, Guadalupe Estrada, Hanchen (Henry) Wang, Hawa Rasekh, Heera Narayanan, Holly Golay, Huiying (Kaycee) Li, Irene Liu, Jaimi Nam, Jasmin Rosato, Jerilyn Dickens, Jerrianna Dela Cruz, Jillian Escalante, Jiya Gupta, Jonathan (Jonny) Brekke, Joyce Park, Juan Carlos Verduzco, Judy AlJeneie, Julia Dumcum, Junzhi (Rachel) Wei, Kailun (Karen) Zhou, Kara Serafin, Karla Garcia, Karli Raven, Kary Alfaro, Katelyn Lien, Katherine Jamison, Katrina Wargo, Kaylie Siu, Kyla Hagstrom, Lana Hwang, Layla Farhan, Lin (Zion) Ou, Louise Wang, Luis Zatarain Villar, Malak Dabbagh, Malia Saez, Manasha Sahana Vengat, Marco Elijah Buenaventura, Mariel Muñoz, Marina (Mimi) Jones, Matthew Becerra, Melanie Khachatryan, Melissa Dang, Mercedes Ruiz, Mia Gordon, Mia San Angelo, Montserrat Alvarado, Nikol Dagdevirenel, Olivia Deniz Cetin, Rachel Lee, Rachel Tartakovsky, Ricky Pretzer, Rumaisa (Roma) Farooqui, Ryan Bobb, Ryan Kim, Samantha Ruiz, Sara Jones, Sarah Hasheem, Sarah Huapaya, Sarah Segall, Sharon Lee, Stefanie Shin, Stephanie Hernandez, Suqi (Zac) Jiang, Tanisha Kumar, Varun Pillai, Vella Deguzman, Willy Wu, Yasmine Lopez, Yiliang (Oscar) Jiang, YuHua Chiu, Yuying (Evelyn) Jin, Zaza Nguyen, Zelin (Zack) Cheng, Ziad Rahman, Zijin (Nancy) Li, Ziwei (Vivian) Lin

















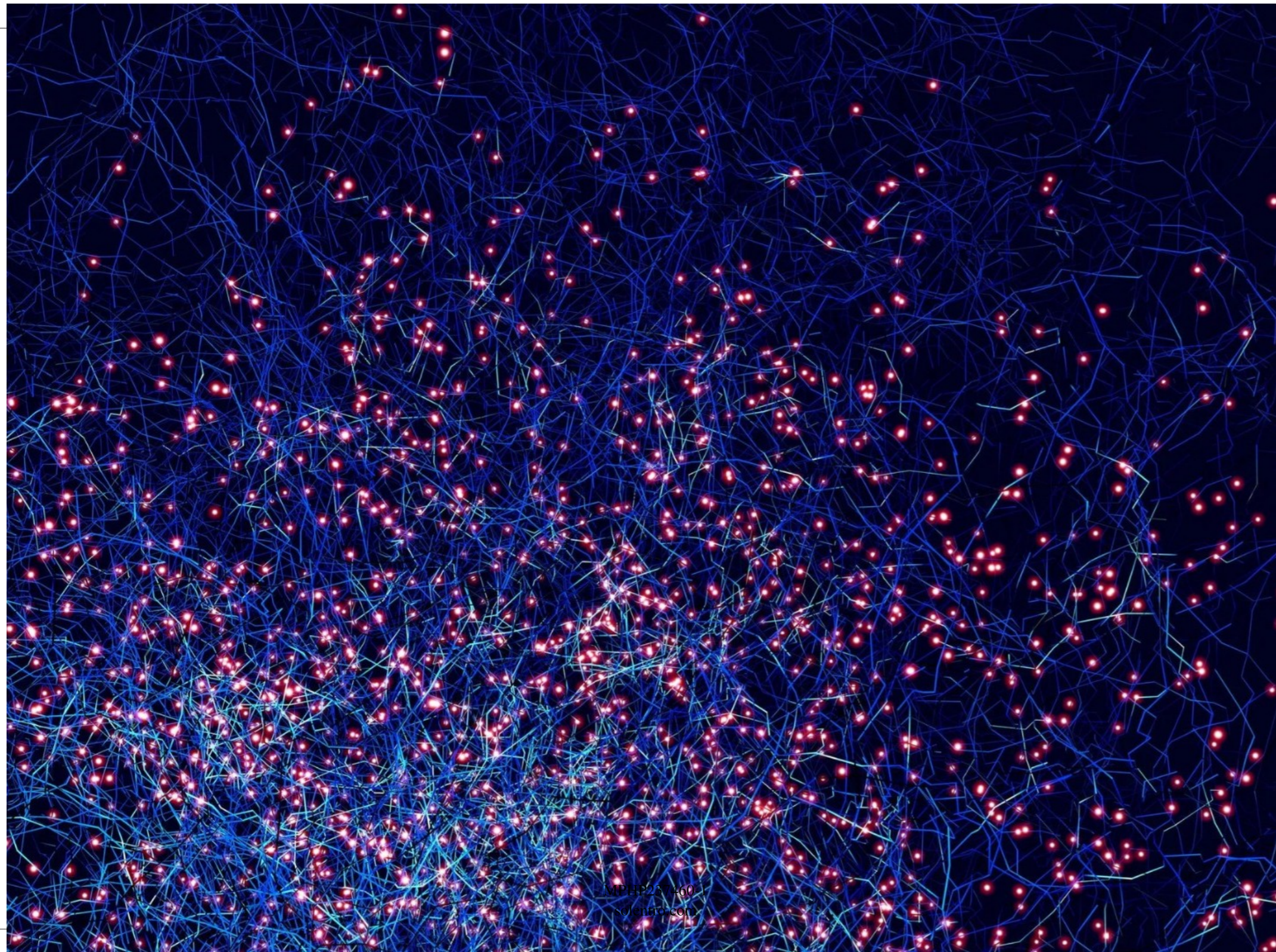


Lastly, on behalf of all the officers, we would like to thank all of you, our members, for an incredible year. Your hard work, dedication, and devotion at GBMs, events, and committee meetings has not gone unnoticed. Psi Chi / Psychology Club is only possible because of you all. To our graduates, we will miss you dearly and are so excited to see the incredible things you will all accomplish! To our returning members, we look forward to seeing you again and can't wait to see what next year has in store for us!



MPHP237460-1

This book was created at [solentro.com](http://solentro.com)  
The responsible publisher is Serena Spada.



MPHP237460-1  
© 2023

PSI CHI / PSYCHOLOGY CLUB AT UC SAN DIEGO MEMORY BOOK 2022-2023

